



Wednesday 31<sup>st</sup> January, 2018

Dear Parent/Guardian,

As part of the Year 12 Integrated course your child is required to complete the following activities and external excursions throughout the year. The details of the excursions are listed below:

### **Bounce**

**Date:** Friday 23<sup>rd</sup> February (Week 4, Term 1)

**Time:** 1:30pm – 3:15pm

**Venue:** Bounce Adelaide (164-168 Richmond Road, Marleston SA 5033)

**Transport:** Bus

**What to wear:** Sports Uniform

**What to bring:** Lunch

### **Cross Fit Session**

**Date:** Friday 2<sup>nd</sup> March (Week 5, Term 1)

**Time:** 1:00m – 3:00pm

**Venue:** Cross Fit Mode (26 Elizabeth Street, Adelaide, 5000)

**Transport:** Walking

**What to wear:** Sports Uniform

**What to bring:** Lunch

### **Personal Training Sessions**

**Date:** Friday 9<sup>th</sup> March (Week 6, Term 1) and Friday 13<sup>th</sup> April (Week 11, Term 1)

**Time:** 1:00m – 3:00pm

**Venue:** PT Session - Grange Beach near the Jetty

**Transport:** Bus

**What to wear:** Sports Uniform

**What to bring:** Lunch

### **Indoor Basketball**

**Date:** Friday 13<sup>th</sup> April, 4<sup>th</sup>, 18<sup>th</sup> May, 1<sup>st</sup> June (Week 11 Term 1, Week 1,3,5,7 Term 2)

**Time:** 1:30pm – 3:15pm

**Venue:** Wayville Sports Centre (142 Rose Terrace, Wayville SA 5034)

**Transport:** Bus

**What to wear:** Sports Uniform

**What to bring:** Lunch

### **Wheelchair Basketball**

**Date:** Friday 8<sup>th</sup>, 15<sup>th</sup> June, 27<sup>th</sup> July, 3<sup>rd</sup> and 10<sup>th</sup> August (Week 6-7 Term 2, Weeks 1-3 Term 3)

**Time:** 1:30pm – 3:15pm

**Venue:** Wayville Sports Centre (142 Rose Terrace, Wayville SA 5034)

**Transport:** Bus

**What to wear:** Sports Uniform

**What to bring:** Lunch

#### **MILE END CAMPUS**

2 Henley Beach Road, Mile End, SA, 5031  
Phone: (08) 8405 0900

#### **PARALOWIE CAMPUS**

17 Countess Street, Paralowie, SA, 5108  
Phone: (08) 8256 9600

Email: [admin@tcc.sa.edu.au](mailto:admin@tcc.sa.edu.au)

[www.tcc.sa.edu.au](http://www.tcc.sa.edu.au)

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The above excursions are included in the excursion levy as part of your school fees.

Students will need to meet their teacher in the assembly area at the specified time for each excursion. Please be aware that if your child does not return a signed consent form, found in their diary, they will not be allowed to attend these excursions and this will affect their practical grade. A diary note or signed piece of paper will not be accepted for any of these excursions.

If you have any questions or you have concerns with your child attending any of these excursions, please don't hesitate to call me at the school on 8405 0900 or via email: [emily.hyde@tcc.sa.edu.au](mailto:emily.hyde@tcc.sa.edu.au)

Yours in Christ,

**Emily Hyde**  
P.E./Sport Coordinator